



THE JOY OF THEATRICAL MOVEMENT: A Two-Part Class

Dates: January 20 and 27, 2024

Time: 10:30 a.m. – Noon

Instructor: Tara Demmy

Tuition: \$45.00

Theatre doesn't have to start with text. It can start with a gesture, a wink, a posture. In this workshop, you'll develop a fresh perspective, an awareness of your body in space, and some necessary skills to build fully developed characters. Join us for this two-session class and embrace how valuable a sense of play is to any actor's toolbox. All levels of moving and acting are welcome. Participants must plan on attending the both sessions.

ACTING IN THE BOXES: The Rasabox Technique

Date: January 20, 2024 Time: 12:30 – 3:30 p.m.

Date: January 27, 2024 Time: 2:30 – 5:30 p.m.

Instructor: Mona Wood-Patterson

Tuition: \$45.00

The actor is an athlete of emotions. The Rasaboxes are an exciting technique which helps actors access and move through emotions with flexibility and freedom. This is one of Mona's most popular classes and is appropriate for experienced actors who want to practice quickly accessing emotion in an honest and fearless way.

ACTING LAB

Date: January 27, 2024

Time: 12:30 – 2:00 p.m.

Instructor: Mona Wood-Patterson

Tuition: \$25.00

Creating and sustaining believable performances are among the actor's most fundamental tasks. You'll learn and practice techniques to keep your acting honest and confident in this fast-paced and fun workshop. This class is for actors of all levels who want to keep strengthening their craft.

Classes are open to those aged 16 and above. Class size is limited.

All classes are at Merely Underground, 789 Tech Center Drive in Durango

Our teachers are theatre professionals who love theatre and look forward to helping you develop your creativity and skill level.

MERELY INSTRUCTORS:

Tara Demmy is a theatre artist, teacher, historian, and clown. She has performed in comedy festivals all over the country and worked on five world-premieres with award-winning physical theatre company, Tribe of Fools. Favorite credits include: *Mr. Burns, a Post-Electric Play* (Jenny), *Much Ado About Nothing* (Verges), *The Revolutionists* (Comedy Coach), and *Clown Sex Ed* (Clown). She completed her training in Lecoq movement-based theatre at Helikos School of Theatre Creation in Italy. Tara has a PhD in theatre and currently works for a nonprofit providing free arts / comedy classes to the military community. tarademmy.com

Mona Wood-Patterson has devoted her professional life to studying, teaching, and making theatre. She has directed over 200 productions in various venues and presented at educational and theatre conferences both in the United States and abroad. As the theatre director at Durango High School for 20+ years, Mona was the recipient of numerous awards; among them are Colorado Theatre Teacher of the Year, Fort Lewis College Distinguished Alumnus, and BP's Excellence in Teaching Award. Mona was inducted into the Colorado State Thespian Hall of Fame and was awarded a Fulbright to teach theatre in England. She is currently the artistic director of Merely Players in Durango, Colorado.